## **Buzzwords in Education Explained**

Dive in! Examine popular teaching approaches. Discover how to apply the strategy and eliminate misconceptions about these trending buzzwords.

# **MULTITASKING**



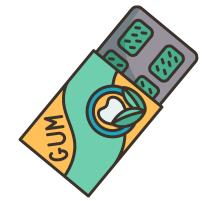
Doing more than one task simultaneously.

## WHEN TO USE IT?

ONLY when one task is autonomous (requires no cognitive processing).



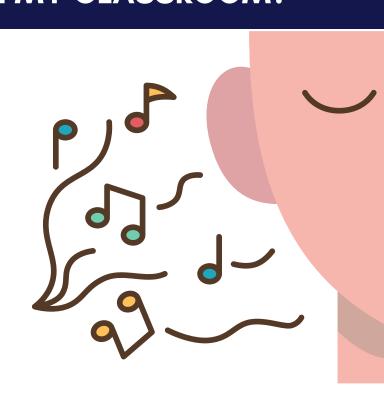




For example, adults can walk (autonomous) and talk (cognitive processing) simultaneously. We cannot talk and text simultaneously – at best, we switch rapidly between tasks, and we do both of them poorly.

### **HOW DO I USE THIS IN MY CLASSROOM?**

Explain to learners why listening to music and studying, or browsing the internet and listening to lecture, is actually physiologically impossible.



### WHY USE IT?

Encourage learners to assess their learning while "multitasking."
(Bonus, metacognition practice!)

Hopefully they will realize that what they often doing is actually "task switching," not "multitasking," and adjust accordingly.